



written for Babel Choir, Toronto, Ont .020

Anna Marie Sewell
(b. 1965)

Mari Alice Conrad
(b. 1981)

Molto espressivo; flowing gently ♩ = 86

Choir

pp I am the *mp* lence I am the *p* *saa*

Choir

7 *mf* Si - *p* Be - tween Two *mp* Riv - ers Two

Be - tween Two Riv - ers Two

Choir

13 *mf* Riv - ers and from this *mp* si - lence, let me

Riv - ers and from this *mp* si - lence,

17 *mf* *poco rit.* *p*

S. fol - low the Song, the Song

A. *p* let me fol - low the Song, *mf* Song *p*

T. *p* let me fol - low the Sc the Song *mf* *p*

B. *p* let me fol - low th the Song *mf* *p*

Pno.

21 **A** *a tempo* *p* *mf* *p*

S. O C at the ris - ing of a well - spring

A. *p* O at Song, at the ris - ing of well - spring *mf* *p*

T. *p* Great Song, the ris - ing of a well - spring *mf* *p*

B. *p* Great Song, the ris - ing of well - spring *mf* *p*

Pno.

(opt. solo top line)

25

S. *mp* *f* *ff* *p sub*
 O Great Song, as I tum - - ble as I

A. *mp* *f* *ff* *p sub*
 O Great Song, tum ble as I

T. *mp* *f* *ff* *p sub*
 O Great Song, as I - ble as I

B. *mp* *f* *p sub*
 O Great Song, as I

Pno.



29

S. *mf* *mp*
 tum-ble and tu from this si - lence to the cease-less sing - ing sea let me

A. *mp* *mp* *mf*
 tum-ble - - ble from this si - lence the cease-less sing - ing sea

T. *mp* *mp* *mf*
 tum - ble from this si - lence the cease-less sing - ing sea

B. *mp* *mp* *mf*
 tum - ble and tum - ble from this si - lence the cease-less sea

Pno.

PERUSAL SCORE ONLY - PLEASE DO NOT COPY

35

S. *f* fol-low you, *f* swal-low you, *mp* and sing

A. *p* let me fol-low you, *f* swal-low you, *mp* an'

T. *p* let me fol-low you, *f* swal-low you, *ff* I'll swal *mp* sing

B. *p* let me fol-low you, *f* swal-low you, *f* and sing *mp*

Pno.



41 *mf* *mp* *mf* *mp*

S. E-nough light for the jour-ney, and breath e - nough e-nough

A. E-nough light for the jour - ney, breath e - nough e-nough

T. E - nough light for the jour - ney, breath e - nough e-nough

B. E - nough light for the jour - ney, breath e - nough e-nough

Pno.

mf *mp* *mf* *mp*

mf = 96 Con moto; hopeful

PERUSAL SCORE ONLY - PLEASE DO NOT COPY

47

S. *mf* fire for the jour-ney, and *f* love e - nough *mf* e-nough road for the jour-ney, and *f*

A. *mf* fire for the jour - ney, *f* love e - nough *mp* for the jour - ney, *f*

T. *mf* fire for the jour - ney, *f* love e - nough *mp* road for the jour - ney, *f*

B. *mf* fire for the jour - ney, *f* love e *mp* road for the jour - ney, *mf*

Pno.

53

S. *mf* will e - *f* the way to hear the song *mp*

A. *mf* will ough *f* the way *p* hear the

T. *mp* - nough *f* a - long *p* hear the

B. *mp* will e - nough and all *f* hear the

Pno.

59 *rit.* *mf* *p* **C** *a tempo* (♩ = 86) *mf* *mp*

S. — that we are. we are. O Great Song, in which we all fly home—

A. song that we are. we are. O Great Song, we fly home—

T. song that we are. we are. O Gr n which we all fly home—

B. song that we are. we are. O Song, in which we fly home—

Pno. *rit.*

66 *mp* *f* *opt* *p sub*

S. Great Sr mo - ment gone a mo - ment and we're gone—

A. Great song, mo - ment and we're gone a mo - ment gone

T. Song, a mo - ment gone a mo - ment gone

B. Great Song, a mo - ment and we're gone—

Pno.

PERUSAL SCORE ONLY - PLEASE DO NOT COPY

72 *mp* *rit.* *mf* *p*

S. *mp* *mf* *p*
O Great Song O Great Song

A. *mp* *mf* *p*
O Great Song O Great Song

T. *mp* *mf* *p*
O Great Song O Great Song

B. *mp* *mf* *p*
O Great Song O Great Song

Pno.

77 **D** a tempo (♩ = 86) *mp* *mf* *f* *ff*

S. *mp* *mf* *f*
O Great S Great Ri - ver of

A. *mf* *f*
O Great Song Great Ri - ver of

T. *p* *mf* *f* *ff*
O Great Song Great Ri - ver Great Ri - ver of

B. *p* *mf* *f*
O Great Song Great Ri - ver of

Pno.

PERUSAL SCORE ONLY - PLEASE DO NOT COPY

83

ff *mf* *f* *mp* *p* *rit.* *mp*

S. Song _____ O Great Song _____

A. Song _____ Song _____

T. Song _____ Song _____

B. Song _____ Song _____

Pno.



Mari Alice is an emerging, award-winning composer near Edmonton, Alberta currently studying graduate work in music at the University of Alberta. Her works have been performed across Canada by Babel Choir (Toronto), Chamber Ensemble (Vancouver), Exultate Chamber Singers (Toronto), the Allegra Chamber Orchestra (Edmonton), the SHHH!! Ensemble (Ottawa), Edmonton Winds (Edmonton), Soprano Maghan McPhee and Pro Coro Canada (Edmonton), and has mentored young composers through the Tuckamore Widening the Circle Program (Newfoundland).

Performances of her works were featured at Ottawa Chamberfest, Vancouver's Allegra Chamber Orchestra, Toronto's East Chamber Festival, the Banff Centre for the Arts, New Music Edmonton Summer Solstice and the 2022 Choral Canada's Podium Conference as the recipient of the Stephen Chatman Student Choral Composition.

Mari Alice is currently a SSHRC scholar with her creative research exploring the pedagogical benefits of chamber music for developing musicians. Her compositional practice shines an exceptional light on the human condition and fosters curiosity, authenticity, connection, and collaboration, creating a compelling experience for both performers and audiences alike. www.marialiceconrad.com

Journey is set to a poem written by Canadian poet, Anna Marie Sewell. The work captures the sacred moments of personal journey and finding a place for one's own voice in the all-encompassing Great Song of Life. The piece is about finding acceptance, moving forward, and finding a place for all voices that contribute to the interconnected harmonies of life. From the beginning, the music invites a serene and contemplative atmosphere, where with a hopeful *con moto* middle section. All voice sections have a moment to shine and overall, beautifully features the use of dissonances, long melodic phrases, and expressive dynamics.

*An excerpt from this poem was first published, under the title 'Journey Prayer' in Anna Marie Sewell's book *Fifth World Drum*, 2009, Frontenac House, Calgary.

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