



With precision ♩ = 82

Leah Abramson

ostinato - with a light and steady pulse

Piano accompaniment for the first system, featuring a steady eighth-note ostinato in both hands. The music is in 4/4 time with a key signature of one sharp (F#).

Choral system 1 (measures 5-9). Includes parts for Soprano Alto (SA) and Tenor Bass (TB). The SA part has lyrics: "How can I move on when the days...". The TB part has lyrics: "How". Dynamics include *mf*. Performance instructions: "all sopranos and altos" and "all tenors and basses".

Choral system 2 (measures 10-14). Includes parts for Soprano (S), Alto (A), and Tenor Bass (TB). The S part has lyrics: "all so long How can I...". The A part has lyrics: "last so long How can I...". The TB part has lyrics: "move on when the days all". Dynamics include *mf*. Performance instructions: "all sopranos" and "all altos".

**ostinato continues to the end*

15

S stand still when the days when the days are hard to kill

A move on when the days all so long

TB last so long How can stand still

20

S when the days when the days are to kill

A How can stand still when the days

TB when the days when the are hard to kill when the days

25

S when the days hard to kill when the days when the days

A when the are hard to kill when the days when the days

TB v s are hard to kill tenors only take over

B

30

S e hard to kill

A are hard to kill

mp
Kneel- ing on my heart Kneel- ing on my

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35

A2 *mf* Kneel - ing on

T heart Kneel - ing on my

40

A2 my heart

T Kneel - ing on heart

45

S2 *mp* How can I on

A2 *mp* Kneel - ing *mf* on my heart

T *mp* Kneel *mf* on my heart

49

S2 when t' all last so long **C** *f* How *f*

A1 How *f*

A2 Kneel

T Kneel - ing on my heart

How can I move on when the days

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54

S2 can I stand still when the days when the days are

A1 can I move on when r' all

A2 - ing on my heart

T Kneel - ing on my heart Kneel - ing on my

B all last so long How can I



59

S2 hard to kill .en the days when the days are hard to kill

A1 last so How can I stand still

A2

T

r stand still when the days when the days are hard to kill

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64

S2 How can I move on

A1 when the days when the days are hard to kill when the days

A2

T

B when the days when the days are to kill

mf

69 **D**

S1 Lift - off can - non fire - works

S2 when the days al' last so long How

A1 when the day hard to kill How

A2 .el - ing on my heart

T Kneel - ing on my heart

B How can I move on when the days

f *mf* *f* *f* *f* *mf* *f*

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74

S1 _____ ban- ners _____ Lift - off _____

S2 can I _____ stand _____ still _____ when the days _____ when the days _____ are

A1 can I _____ move _____ on _____ days _____ all

A2 _____ Kneel _____ ing

T Knee - ling on my heart _____ Kneel - ing on my

B _____ all _____ last so _____ long _____ How _____ can I _____

79

S1 _____ can - non _____ fire - works _____ ban - ners _____

S2 hard _____ to kill _____ the days _____ when the days _____ are _____ hard _____ to kill _____

A1 _____ last so _____ How _____ can I _____ stand _____ still _____

A2 _____ on _____ my _____ heart _____

T _____ heart _____ Kneel - ing on my _____ heart _____

_____ stand _____ still _____ when the days _____ when the days _____ are _____ hard _____ to kill _____

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84

E

mp

S1 How can I stand still

S2 when the days when the days

A1 when the days when the days are rd to kill

A2 when the days when the days

T when the days

B when the days when are hard to kill

88

S1 when the days when the days are hard to kill

S2 when the days when the days when the days

A1 when the days when the days

A2 when the days when the days when the days

T when the days when the days when the days

when the days when the days

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rit. mf

92

S1 when the days when the days are hard to kill

S2 when the days, when the days when the days are hard to

A1 when the days, when the days when the days are h kill

A2 when the days when the days are rd to kill

T when the days, when the days when the days hard to kill

B when the days wh are hard to kill

rit.



Leah Abramson is a singer, songwriter, and composer from Vancouver. After touring internationally with indie rock and folk bands, as well as her previous project, The Abramson Singers, Leah released her fourth album of original songs in 2018. Along with her Master of Fine Arts in Creative Writing (focus on lyrics) at the University of British Columbia, Leah has studied classical music at Capilano University, and traditional Appalachian balladry. Leah's project, *Songs For a Lost Pod*, is a collaboration with Pacific Northwest orcas that turns whale vocalizations into beats, and scientific research on marine mammals into lyrical fodder.

to learn more, please visit leahabramson.com

... or cannon? It's both; a round and kaboom! Have you ever seen a person launched from a cannon at the circus?

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