



music from Canada

Caught in the Rhythm

commissioned by the Spirit Singers of Highlands United Church
in memory of Reverend Arthur Mundy

inspired by King Solomon, c. 950 B.C.

Larry Nickel

$\text{♩} = 100$ joyfully *finger snap*

Rhy-thm rhy-thm
Rhy-thm rhy-thm

mf

A

rhy-thm rhy-thm rhy-thm rhy-thm rhy-thm rhy-thm

rhy-thm rhy-thm rhy-thm rhy-thm rhy-thm rhy-thm

mf

**close to the "m"*

rhy-thm rhy-thm rhy thm* We're
rhy-thm rhy-thm rhy thm* We're

mf

mf

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B unison

*close to the "n"

10

caught in the rhy-thm of life, my friend, the Ying and the Yang* of liv - in' Sea-sons come and sea-sons go,

caught in the rhy-thm of life, my friend, the Ying and the Yang* of liv - in' Sea-sons com s go,

*option - ebb and thr

13

mov-ing fast and mov-ing slow, caught -thm of life. We're

mov-ing fast and mov-ing slow, caught in the rhy-thm of life. We're

C a cappella

16

caught in the of life, my friend, the Ying and the Yang of liv - in'

caught y - thm of life, my friend, the Ying and the Yang of liv - in'

18

Sea-sons come and sea-sons go, mov-ing fast and mov-ing slow, Caught in the rhy-thm of

Sea-sons come and sea-sons go, mov-ing fast and mov-ing slow, Caught in the rhy-thm of

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21

D *brightly*
mf

life. _____ There is a time for ev-'ry

life. _____

24

legato - hymn style

sea - son un - der heav - en; a time to a time to reap.

mf a tir sow, a time to reap.

27

legato

a time to laugh, a time to

bri is a time for ev - 'ry pur - pose un - der heav - en; a time to laugh, a time to

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30 *finger snap* *mf*

weep. *finger snap* *mf* Rhy-thm rhy-thm

weep. *mf* .y-thm

33

rhy-thm rhy-thm rhy-thm

rhy-thm rhy-thm rhy-thm rhy-thm

solo *f*

36

.ny-thm rhy-thm rhy thm

rhy-thm rhy-thm rhy thm

mf

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39 **E** *f*

Time for leap-ing and dan - cing. a time for ev - 'ry pur-*pose* und-er the sun,

f

Time for leap-ing and dan - cing. a time to run.

43

Time to catch the beat in the rhy-thm of life.

46 **F** *joyful* *ly* *m* *sound*

There a time for ev - 'ry sea-son un - der heav-en; a time to be born, a

a time to be born, a

leggiero

mp

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49

time to die. Just live each day in its own

time to die. Why are we an-xious for the wor-ries of to-mor-row. Just live .ts_ own

53

time. *finger snap* *mf* Rhy-thm rhy-thm

time. *finger s* *mf* Rhy-thm rhy-thm

56

G

rhy-thm rhy-thm rhy-thm rhy-thm rhy-thm

rhy-thm rhy-thm rhy-thm rhy-thm rhy-thm

solo *f*

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59

rhy-thm rhy-thm rhy-thm _____ We're

rhy-thm rhy-thm rhy-thm _____ We're

p

p

62 **H** *with hushed intensity*

caught in the rhy-thm of life, my friend, the Ying and ' tiv - in' Sea-sons come and sea-sons go,

caught in the rhy-thm of life, my friend, the Yang of liv - in' Sea-sons come and sea-sons go,

65

mov - i mov - ing slow, Caught. *f*

g fast and mov - ing slow, Caught. *f* Caught in the rhy - thm We're

68 **I**

Time for leap-ing and dan - cing. a time for ev - 'ry pur-pose und-er the sun, a

caught in the rhy-thm of life, my friend, the Ying and the Yang of liv in'— Sea-sons come a go,

71

time to walk a time to run. Tir a the beat in the rhy-thm of

mov - ing fast and mov - ing slow, v at in the rhy-thm of

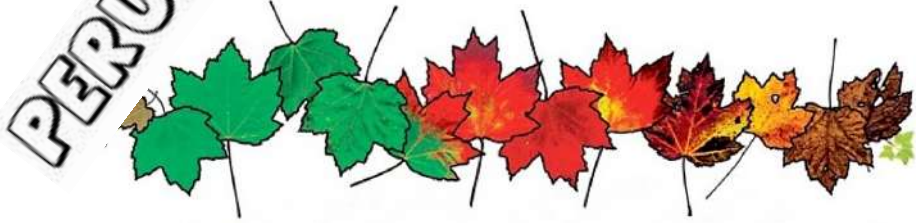
73

life. Caught in the rhy-thm of life, of life.

life. Caught in the rhy-thm of life, of life.

no ritardando

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