

# Sound of the Ocean

Leah Hokanson

♩ = 54

A Melody

I'm li .the sound of the

o - cean, \_ to the mo - tion \_ I'm lis-ten-ing to \_ the sound of the

o - cean, \_ the mu-sic is heal - ing\_ me. An ev - er chang - ing\_

PERUSAL SCORE ONLY - PLEASE DO NOT COPY

16

cho-rus\_\_\_\_\_ of pri - mal fre - quen - cy.\_\_\_\_\_ I'm lis-ten-ing sound of the

20

o - cean,\_\_\_ and the mu - sic ing\_\_\_ me.

24

**B** Upper Voice

I'm lis-ten-ing to\_\_\_ the sound\_ of the o - cean,\_\_\_ to the

Melody

I'm lis-ten-ing to\_\_\_ the sound\_ of the o - cean,\_\_\_ to the

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27

mo-tion\_ of the sea. I'm lis-ten-ing to\_the sound of the o - r and the  
 mo-tion\_ of the sea. I'm lis-ten-ing to\_the sound of \_ and the

31

mu-sic is heal - ing me. - er chang - ing cho-rus of  
 mu-sic is heal - ing me. An ev - er chang - ing cho-rus of

37

pri - .quen - cy. I'm lis-ten-ing to\_the sound of the o - cean,\_ and the  
 pri - .al fre - quen - cy. I'm lis-ten-ing to\_the sound of the o - cean,\_ and the

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41

mu-sic is heal - ing me. I'm

mu-sic is heal - ing me. I'm

mu - sic is heal - ing\_ me. I'm



46

**C** Upper Voice

lis-ten-ing to the sour - cean, to the mo-tion of the sea. I'm

Melody

lis-ten-ing to the sound of the o - cean, to the mo-tion of the sea. I'm

Lower Voice

lis - ten - ing to the sound of the o - cean, to the mo-tion of the sea. I'm

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50

lis-ten-ing to the sound of the o - cean, and the mu-sic is heal - ing me.

lis-ten-ing to the sound of the o - cean, and the mu-sic is ing me.

lis-ten-ing to the sound of the o - cean, and the r neal - ing me.

*(f)*



55

An ev - er ing cho-rus of pri - mal fre - quen -

An chang - ing cho-rus of pri - mal fre - quen -

er chang - ing cho-rus of pri - mal fre - quen -

*(f)*

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59

cy. I'm lis-ten-ing to the sound of the o - cean, and the  
 cy. I'm lis-ten-ing to the sound of the o and the  
 cy. I'm lis-ten-ing to the sound of cean, and the



62

mu - sic is heal - e. and the mu - sic is heal - ing\_  
 mu - sic is ing\_ me. and the mu - sic is heal - ing\_  
 mu heal - ing\_ me. and the mu - sic is heal - ing\_

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67

me. and the mu - sic is heal - ing\_ me.

me. and the mu - sic is heal - ing\_ me

me. and the mu - sic is heal - ;

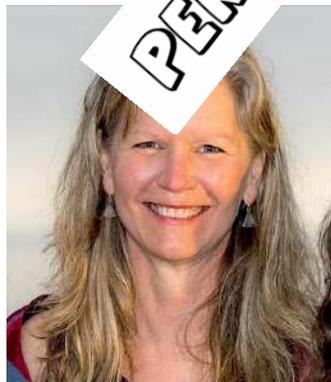
71

rit. . . . .

8<sup>th</sup> . . . . .

There are so many ways + magical song. For example; everyone could start in unision - or perhaps only one third of the choir should , melody. Please feel free to experiment and create something that fits your choir.

"Sound of the Ocean" Leah's "Diamond Chants". Playfully referred to as "ecstatic pop," Diamond Chants blend the simplicity form, the wisdom and inspiration of ecstatic poetry, and the eclectic groove and tunefulness of pr . Diamond Chants are dedicated to my great grandmother, Sarah Diamant (Diamond).



**Leah Hokanson** is a lifelong adventurer in music, sound and listening—as a composer, community choir leader, pianist, improviser, singer-songwriter, and certified sound healing practitioner. Leah is co-founder of Sound, Belonging & Wholeness, offering programs that explore vocal sounding and intentional listening as portals to Presence, healing and transformation. She also directs the Song Keepers Women's Choir (Gabriola Island), is Music Director at the First Unitarian Fellowship (Nanaimo), and leads bi-weekly Contemporary Ecstatic Chanting sessions at Bethlehem Centre (Nanaimo).

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