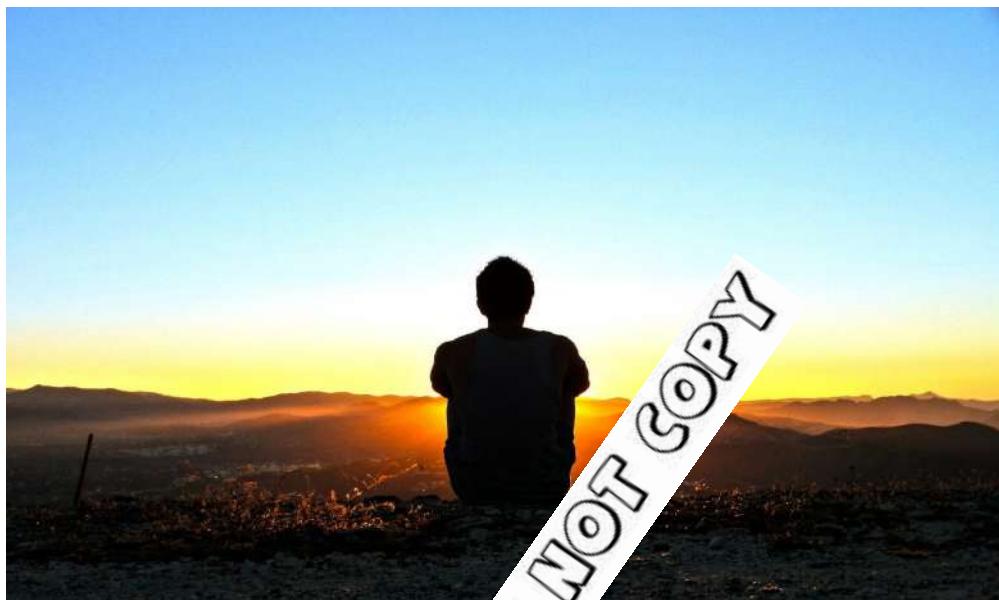




CYPRESS  
CHORAL MUSIC



## Begin with the heart

Words: Julian of Norwich

Music: Leah Hokanson

*J = 72 Swing*

Pno.

**PERUSAL SCORE ONLY**

**PLEASE DO NOT COPY**

A [Voice 2 - melody] *mf*

Where do we be - gin? where do we be - gin? where do we be -

Pno.

2

14

B

*mf*

2                   gin;               be - gin with the heart.                   Where do we           be - gin?

3                   - - - - -                   - - - - -                   - - - - -

Voice 3 enters - harmony      *mf*

Where d                   be - gin?

Pno.



19

where do we           be - gin?                   where do w           gin;           be - gin with the heart.

where do we           be - gin?                   w'           be - gin;           be - gin with the heart.



C

Voice 1 enters - uppe

Where do           be - gin?                   where do we           be - gin?                   where do we           be -

v           we           be - gin?                   where do we           be - gin?                   where do we           be -



3

Pno.

**D** Option: turn towards piano player

30

gin; be - gin with the heart. Oo

piano solo

f

Pno.

35

Oo

A

Oo

Pno.

40

Where do we be - gin? where do we be -

Where do we be - gin? where do we be -

very lightly - r.h.

bring out the bass line

Pno.

45

gin?  
where do we be - gin;  
be - gin with the heart.

gin?  
where do we be - gin;  
gin with the heart.

Pno.

*tacet*

=

50 [F] with a full warm sound

Where do we be - gin? \_\_\_\_\_ w' we be - gin? where do we be -  
Where do we be - gin? ere do we be - gin? where do we be -

=

rit.

55

molto rit.  
straight time rubato

gin?  
be - ah, be - gin with,  
be - gin with the heart.

gin?  
gin with, be - gin with,  
be - gin with the heart.

"Begin with the Heart" is one of Leah's "Diamond Chants".



**Begin with the Heart** is a gospel setting of 14th century Christian theologian and mystic Julian of Norwich's wise words: "Where do we begin? Begin with the heart." It is an invocation to reside fully in our heart centre, knowing that beginning with the heart will always lead us toward a more loving and compassionate world. Begin with the Heart is part of a body of work called "Diamond Chants." Playfully referred to as "ecstatic pop,"

Diamond Chants blend the simplicity of the chant form, the wisdom and inspiration of ecstatic poetry, and the eclectic groove and tunefulness of popular music, including jazz, R&B, pop ballad, gospel, funk and world music. Diamond Chants are dedicated to my great grandmother, Sarah Diamant (Diamond). Visit my page at [cypresschoral.com](http://cypresschoral.com) to learn more.

**Leah Hokanson** is a lifelong adventurer in music, sound and listening—as a composer, community choir leader, pianist, improviser, singer-songwriter, and certified sound healing practitioner. Leah is co-founder of Sound, Belonging & Wholeness, offering programs that explore vocal sounding and intentional listening as portals to Presence, healing and transformation. She also directs the Song Keepers Women's Choir (Gabriola Island), is Music Director at the First Unitarian Fellowship (Nanaimo), and leads bi-weekly Contemporary Ecstatic Chanting sessions at Bethlehem Centre (Nanaimo). (as of 2024)